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ADMINISTRATIVE INFORMATION

Support - None.

Review Stage at time of this submission - The review has not yet started.

Conflicts of interest - None declared.

INPLASY registration number: INPLASY2025120061

Amendments - This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 17 December 2025 and was last updated on 17 December 2025.

INTRODUCTION

Review question / Objective The association between the EAT-Lancet Diet and Multiple Disease Outcomes.

Background None.

METHODS

Strategy of data synthesis None.

Eligibility criteria The studies about the association between the EAT-Lancet Diet and Multiple Disease Outcomes.

Source of evidence screening and selection Pubmed and embase.

Data management None.

Language restriction None.

Country(ies) involved China.

Keywords cognitive function,EAT-Lancet, systematic review.

Contributions of each author

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