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**Balancing Bioactivity and Strength: A Systematic Review of Fluoride Release and Mechanical Properties of S-PRG Fillers in Dental Materials**

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**ADMINISTRATIVE INFORMATION**

**Support** - King Khalid University.  
**Review Stage at time of this submission** - Completed but not published.  
**Conflicts of interest** - None declared.  
**INPLASY registration number:** INPLASY202540107  
**Amendments** - This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 29 April 2025 and was last updated on 29 April 2025.

**INTRODUCTION**

**Review question / Objective** This study assesses fluoride release capabilities and mechanical performance of S-PRG fillers in dental restorations.  
**Rationale** S-PRG fillers are studied to overcome limitations of conventional materials.  
**Condition being studied** Fluoride release efficiency, mechanical strength, and wear resistance of S-PRG fillers.  
**METHODS**  
**Search strategy** PubMed, Scopus, ScienceDirect, Google Scholar.  
**Participant or population** Analyzed laboratory models and a single clinical trial with dental restoration samples.

**Intervention** Dental materials incorporating S-PRG fillers as the bioactive component.  
**Comparator** Non-S-PRG materials.  
**Study designs to be included** RCTs, in vitro, cross-sectional, and observational studies.  
**Eligibility criteria** Selected peer-reviewed studies with clear outcomes on S-PRG; excluded non-English or non-comparative research.  
**Information sources** PubMed, Scopus, ScienceDirect, Google Scholar, and Cochrane Library.  
**Main outcome(s)** Fluoride release rates and mechanical strength.  
**Additional outcome(s)** Material longevity and ion re-release potential.

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**Data management** Data Extracted to Excel, Analyzed by RevMan 5.4 software.

**Quality assessment / Risk of bias analysis** Used QUIN tool and Cochrane RoB-2.0 validated studies into low/medium/high risk.

**Strategy of data synthesis** Combined statistical pooling and descriptive synthesis due to data variability.

**Subgroup analysis** Compared flexural strength and diametral tensile strength (DTS) between S-PRG and controls.

**Sensitivity analysis** Assessment of results via heterogeneity metrics.

**Language restriction** Only studies published in English included.

**Country(ies) involved** Saudi Arabia, India.

**Other relevant information** High heterogeneity observed due to varied study designs and material compositions.

**Keywords** Bioactivity, fluoride release, flexural strength, direct tensile strength, S-PRG ionomer fillers.

**Dissemination plans** Results will be submitted to peer-reviewed dental biomaterials journals.

#### **Contributions of each author**

Author 1 - Ravinder Saini - Conceptualization, Methodology, Investigations, Resources.

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