

# INPLASY

## Educational interventions on spirituality in nursing: a scoping review

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### ADMINISTRATIVE INFORMATION

**Support** - University of Magdalena.

**Review Stage at time of this submission** - Data analysis.

**Conflicts of interest** - None declared.

**INPLASY registration number:** INPLASY202520098

**Amendments** - This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 21 February 2025 and was last updated on 21 February 2025.

### INTRODUCTION

**Review question / Objective** To explore scientific literature on educational interventions related to spirituality in the field of nursing.

**Background** Spirituality represents a fundamental dimension in nursing care, since its integration into professional training and practice can positively influence the well-being and quality of life of these professionals. The lack of this approach, on the other hand, could have negative consequences on both the physical health and emotional well-being of nurses. In this context, spirituality has been recognized as a source of strength and guidance, especially in situations of adversity.

**Rationale** Studies have indicated that the integration of spiritual care in nursing education programs can meet the training needs in this area from early stages. According to Burkhart and Schmidt, the incorporation of this content in professional training would allow nurses to acquire

the tools and skills necessary to provide more complete care. Additionally, appropriate training could strengthen the confidence of professionals, improving their ability to address spiritual needs.

### METHODS

**Strategy of data synthesis** ""spirituality""[MeSH Terms] AND ""nursing""[MeSH Terms]" PubMed, EMBASE, LILACS.

**Eligibility criteria** This review includes randomized clinical trials, quasi-experimental and cluster studies published in indexed journals until August 2024 in English, Spanish and Portuguese, with abstracts and full text available.

### Source of evidence screening and selection

The search was conducted in the databases of PubMed, Embase, Lilacs, and other sources. There was no start restriction and it was completed in August 2024, using the MeSH terms: spirituality, nursing. Languages: English, Spanish, and

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Portuguese. The AND Boolean operator was used in the strategy.

**Data management** The extracted data were compiled in an Excel spreadsheet containing the following information: author, year, country, study design, sample size, type of intervention, follow-up, control group and main findings.

**Language restriction** English, Spanish and Portuguese languages.

**Country(ies) involved** Colombia.

**Keywords** spirituality; nursing.

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