

# INPLASY

## Effects of dexmedetomidine on clinical outcomes in patients with septic shock: a meta-analysis

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Zhou, H; Cui, J; Wang, SF; Zhao, WW; Meng, C; Miao G.

### Corresponding author:

Guobin Miao

guobinpeking@163.com

### Author Affiliation:

Emergency General Hospital.

### ADMINISTRATIVE INFORMATION

**Support** - None.

**Review Stage at time of this submission** - Data analysis.

**Conflicts of interest** - None declared.

**INPLASY registration number:** INPLASY2025100103

**Amendments** - This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 25 January 2025 and was last updated on 25 January 2025.

### INTRODUCTION

**Review question / Objective** The effects of dexmedetomidine on patients with septic shock are unclear. We carried out a meta-analysis to examine the effects of dexmedetomidine on the forecast in patients with septic shock.

**Condition being studied** We performed a meta-analysis to assess the effects of dexmedetomidine on outcomes in patients with septic shock, with outcome measures such as ICU mortality, 28-day death, ICU stay and SOFA.

### METHODS

**Participant or population** Patients with septic shock.

**Intervention** Dexmedetomidine.

**Comparator** Propofol, Midazolam, etc.

**Study designs to be included** The search strategy were RCTs.

**Eligibility criteria** Patients with septic shock; The intervention group received dexmedetomidine; The outcome indexes included mortality, length of ICU stay, SOFA, etc; The study type was RCTs..

**Information sources** A comprehensive manual search of the PubMed, Embase, Cochrane, CNKI and Wanfang databases was conducted in order to select relevant randomised controlled trials. Should the necessity arise to obtain pertinent research data, the authors will be duly contacted.

**Main outcome(s)** ICU mortality, 28-day mortality..

**Quality assessment / Risk of bias analysis** We evaluated the methodological quality of the individual studies using the Cochrane risk of bias tool for RCTs.

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**Strategy of data synthesis** The estimates were expressed as mean difference(MD) or odds ratios (OR) with a 95% confidence intervals (CI).

**Subgroup analysis** None.

**Sensitivity analysis** We conducted sensitivity analyses to investigate the influence of a single study on the overall pooled estimate of each predefined outcome.

**Language restriction** None.

**Country(ies) involved** China.

**Keywords** Dexmedetomidine; Septic shock; Mortality.

**Contributions of each author**

Author 1 - Hong Zhou.

Author 2 - Juan Cui.

Author 3 - Shufang Wang.

Author 4 - Weiwei Zhao.

Author 5 - Chang Meng.

Email: 15931865117@163.com

Author 6 - Guobin Miao.

Email: guobinpeking@163.com