

# INPLASY

## Adenosine as an Adjunctive Therapy for Acute Myocardial Infarction Undergoing Primary Percutaneous Coronary Intervention: A Systematic Review and Meta-Analysis of Randomized Controlled Trials

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### ADMINISTRATIVE INFORMATION

**Support** - None.

**Review Stage at time of this submission** - Completed but not published.

**Conflicts of interest** - None declared.

**INPLASY registration number:** INPLASY202510051

**Amendments** - This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 15 January 2025 and was last updated on 15 January 2025.

### INTRODUCTION

**Review question / Objective** This study aimed to assess the therapeutic effects of adjunctive adenosine administration on patients with acute myocardial infarction (AMI) undergoing PCI using a meta-analytic approach.

**Condition being studied** Adenosine administration can improve coronary blood flow in patients undergoing primary percutaneous coronary intervention (PCI); however, the therapeutic effects of adenosine on ST resolution and major cardiovascular events (MACEs) after PCI remain unclear.

### METHODS

**Search strategy** (“adenosine”) AND (“primary percutaneous coronary intervention” OR “ST elevation myocardial infarction” OR “primary PCI”) OR “acute myocardial infarction” OR “no Reflow”).

**Participant or population** AMI and undergoing PCI.

**Intervention** Intravenous or intracoronary administration of adenosine.

**Comparator** Placebo.

**Study designs to be included** RCT design.

**Eligibility criteria** The criteria for including studies in our analysis were as follows: (1) patients: AMI and undergoing PCI; (2) intervention: intravenous or intracoronary administration of adenosine; (3) control: placebo as the control; (4) outcomes: the primary outcomes including ST resolution and major adverse cardiovascular events (MACEs), while the secondary outcomes including no reflow, myocardial blush grade (MBG) 0 to 1, all-cause mortality, cardiac death, thrombosis, reinfarction, heart failure, advanced atrioventricular (AV) blocks, hypotension, ventricular tachycardia (VT)/ventricular fibrillation (VF), bradycardia, creatine

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kinase-MB (CK-MB) peak value, and left ventricular ejection fraction (LVEF); (5) study design: the study had to have an RCT design.

Author 2 - Wenhui Zhang.  
Author 3 - Jia Liu.

**Information sources** PubMed, Embase, the CochraneLibrary, and ClinicalTrials.gov (United States National Institutes of Health).

**Main outcome(s)** ST resolution and major adverse cardiovascular events (MACEs).

**Additional outcome(s)** No reflow, myocardial blush grade (MBG) 0 to 1, all-cause mortality, cardiac death, thrombosis, reinfarction, heart failure, advanced atrioventricular (AV) blocks, hypotension, ventricular tachycardia (VT)/ventricular fibrillation (VF), bradycardia, creatine kinase-MB (CK-MB) peak value, and left ventricular ejection fraction (LVEF).

**Quality assessment / Risk of bias analysis** Cochrane Risk of Bias tool.

**Strategy of data synthesis** The therapeutic effects of adenosine compared to placebo were quantified as Relative Risks (RR) for categorical outcomes and Weighted Mean Differences (WMD) for continuous outcomes, each accompanied by a 95% Confidence Interval (CI). A random-effects model was employed in the calculation of the combined effect size to account for the inherent heterogeneity among the included studies.

**Subgroup analysis** Subgroup analyses were performed for ST resolution and MACEs based on age, male sex, hypertension, DM, current smoking, route of adenosine administration, and ischemic time to therapy.

**Sensitivity analysis** The stability of the combined findings was tested by conducting a sensitivity analysis, which involved iteratively excluding individual trials from the analysis to ascertain the consistency and reliability of the overall conclusion.

**Language restriction** No restriction.

**Country(ies) involved** China.

**Keywords** adenosine; acute myocardial infarction; percutaneous coronary intervention; cardioprotection; no-reflow; infarct size; reperfusion injury.

#### **Contributions of each author**

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