

INPLASY

The EAT-Lancet diet for cardiovascular diseases (CVDs): a systematic review

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ADMINISTRATIVE INFORMATION

Support - None.

Review Stage at time of this submission - The review has not yet started.

Conflicts of interest - None declared.

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Amendments - This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 22 September 2024 and was last updated on 22 September 2024.

INTRODUCTION

Review question / Objective The effects of EAT-Lancet diet for CVDs

Condition being studied CVDs.

METHODS

Participant or population Patients with CVDs.

Intervention EAT-Lancet.

Comparator Other interventions.

Study designs to be included Randomized controlled trials.

Eligibility criteria Studies for the effects of EAT-Lancet diet for CVDs.

Information sources The Pubmed.

Main outcome(s) The efficacy.

Quality assessment / Risk of bias analysis RoB2.

Strategy of data synthesis None.

Subgroup analysis None.

Sensitivity analysis None.

Country(ies) involved China.

Keywords EAT-Lancet diet, CVDs, patients.

Contributions of each author

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