

# INPLASY

## Impact of prognostic nutritional indices on the prognosis of patients with gastric and gastroesophageal union tumors treated with immune checkpoint inhibitors

INPLASY202450133

doi: 10.37766/inplasy2024.5.0133

Received: 29 May 2024

Published: 29 May 2024

Hou, SF; Hao, RQ; Song, DD; Li, LC; Zhang, Y; Zhu, JK.

### Corresponding author:

Shufu Hou

shufu\_hou@163.com

### Author Affiliation:

The First Affiliated Hospital of Shandong First Medical University.

### ADMINISTRATIVE INFORMATION

**Support** - None reported.

**Review Stage at time of this submission** - Data extraction.

**Conflicts of interest** - None declared.

**INPLASY registration number:** INPLASY202450133

**Amendments** - This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 29 May 2024 and was last updated on 29 May 2024.

### INTRODUCTION

**Review question / Objective** Study subjects: Patients with gastric or gastroesophageal cancer receiving immune checkpoint inhibitors; Intervention methods: immune checkpoint inhibitors; Control group: patients with different levels of prognostic nutrition index; Outcome measures: overall survival and progression-free survival; Methods: Meta-analysis The purpose of this study was to explore the difference of prognostic nutritional index (PNI) among patients with gastric cancer and gastroesophageal junction cancer treated with immune checkpoint inhibitors, so that PNI can be used as an indicator to predict the prognosis of patients with immunotherapy and provide guidance for clinicians before treatment; Subjects: Patients with gastric or gastroesophageal junction cancer receiving immune checkpoint therapy.

**Condition being studied** Gastric cancer and gastroesophageal junction cancer are common tumor diseases in the world. At present, there are

many treatment methods, such as surgical resection in the early stage, and chemotherapy and immunotherapy can be used for patients in the advanced stage who lose the opportunity for surgery. Currently, the common immunotherapy is immune checkpoint inhibitors, pdL1 inhibitors and CLAT4 inhibitors. Tumor mutation load and microsatellite instability are common prognostic indicators, but they require relatively expensive tumor tissues. We tried to find a new marker that could easily predict the prognosis of patients treated with immunosuppressants, and the prognostic nutritional index = serum albumin number +5× the total number of peripheral blood lymphocytes. We attempted to use meta-analysis to verify its feasibility as a prognostic indicator.

### METHODS

**Participant or population** Inclusion criteria: (1) patients with (GC/GEJC) who met the pathologic criteria (2) had received ICIs, either in combination with chemotherapy or as a stand-alone drug.

**Intervention** The main intervention measures are immune checkpoint inhibitors, including pd1/pdL1, CLAT4 and other drugs.

**Comparator** The prognosis of patients was compared according to the level of PNI before treatment.

**Study designs to be included** Includes randomized controlled trials.

**Eligibility criteria** Inclusion criteria: (1) provided survival data in the distant future such as overall survival (OS) or progression-free survival (PFS), and the existence of feedback of therapeutic data such as the objective remission rate (ORR) or the disease control rate (DCR); (2) the literature published in English (3) Data such as HR and 95% CI can be obtained in the literature directly or indirectly.

Exclusion criteria: (1) articles such as abstracts, conferences, case reports, reviews, etc. will be excluded (2) there is data reuse (3) the literature fails to provide complete raw data information.

**Information sources** Pubmed; SpringerLink; Embase; web of science; cochrane library.

**Main outcome(s)** Overall survival (OS) and progression-free survival(PFS).

**Quality assessment / Risk of bias analysis** Newcastle-Ottawa Scale (NOS) for quality assessment; Funnel plot, egger's test and begger's' test were used to assess the risk of bias.

**Strategy of data synthesis** We will search, with no time restrictions, the following databases for relevant English language literature: pubmed; SpringerLink; Embase; web of science; cochrane libraryThe search string will be built as follows: ( Prognostic Nutritional Index) AND (Immune checkpoint inhibitor) AND (gastric cancer OR Gastroesophageal Junction ). The electronic database search will be supplemented by a manual search of the reference lists of included articles.

**Subgroup analysis** We considered a subgroup analysis of patient age, region, and sample size of the article.

**Sensitivity analysis** The sensitivity was analyzed by excluding one article one by one.

**Country(ies) involved** China.

**Keywords** gastric cancer; immune checkpoint inhibitors; gastroesophageal junction tumors; Prognostic Nutritional Index; Meta-analysis.

#### Contributions of each author

Author 1 - Shufu Hou - Author 1 conceived and planned the experiment and provided the resources and analytical toolsAuthor 1 conceived and designed this experiment, Resources and analysis tools are provided.

Email: shufu\_hou@163.com

Author 2 - RuiQi Hao - Author 2 conceived and planned the experiment and provided the resources and analytical toolsAuthor 1 conceived and designed this experiment, Resources and analysis tools are provided.

Email: 10341239013@qq.com

Author 3 - Dandan Song - Author 3 retrieved and sorted through the literature.

Email: songdandan08@126.com

Author 4 - Linchuan Li - author 4 collected and analyzed the data.

Email: linchuanlee@hotmail.com

Author 5 - Yun Zhang - author 5 collected and analyzed the data.

Email: feelzy0915@126.com

Author 6 - Jiankang Zhu - author6 made significant changes to the manuscript.

Email: 249217523@qq.com