

# INPLASY

## Association of psychiatric disorders with the risk of stroke: A meta-analysis of cohort studies

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### ADMINISTRATIVE INFORMATION

**Support** - Not Applicable.

**Review Stage at time of this submission** - Completed but not published.

**Conflicts of interest** - None declared.

**INPLASY registration number:** INPLASY202450049

**Amendments** - This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 11 May 2024 and was last updated on 11 May 2024.

### INTRODUCTION

**Review question / Objective** The strength regarding the association of psychiatric disorders with the risk of stroke.

**Condition being studied** Psychiatric disorders may be associated with an increased risk of stroke, however, the existence of differences in this association among different populations remains controversial.

### METHODS

**Search strategy** "bipolar disorder" OR "schizophrenia" OR "depression" AND ("stroke risk" OR "risk of stroke").

**Participant or population** all of individuals free of stroke at baseline.

**Intervention** Psychiatric disorders, including bipolar disorder, schizophrenia, and depression.

**Comparator** Individuals without psychiatric disorders.

**Study designs to be included** All of study had to have cohort design.

**Eligibility criteria** Studies meeting the following criteria were included: (1) Participants: all of individuals free of stroke at baseline; (2) Exposure: psychiatric disorders, including bipolar disorder, schizophrenia, and depression; (3) Control: individuals without psychiatric disorders; (4) Outcome: effect estimate (risk ratio [RR], hazard ratio [HR], or odds ratio [OR]) and 95% confidence interval (CI) for comparisons of psychiatric

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disorders and control; and (5) Study design: all of study had to have cohort design.

**Information sources** PubMed, EmBase, and Cochrane Library electronic databases.

**Main outcome(s)** Effect estimate (risk ratio [RR], hazard ratio [HR], or odds ratio [OR]) and 95% confidence interval (CI) for comparisons of psychiatric disorders and control.

**Quality assessment / Risk of bias analysis** The two authors used the Newcastle-Ottawa Scale (NOS) for methodological quality assessment, which has been partially validated for quality assessment of observational studies in meta-analyses.

**Strategy of data synthesis** Considering that this study's analysis was based on a cohort design, we used RR as the pooled effect estimate, and all analyses were conducted using a random-effects model to account for potential heterogeneity across studies.

**Subgroup analysis** Subgroup analyses were also performed according to study design, geographical region, mean age, sex, stroke type, reported outcomes, follow-up duration, and adjusted levels, and the differences between subgroups were compared using the interaction t test, which assuming the data met normal distribution.

**Sensitivity analysis** We also systematically excluded each study from the meta-analysis and conducted sensitivity analysis to explore the stability of the pooled conclusions and investigate potential sources of heterogeneity.

**Country(ies) involved** China.

**Keywords** depression; schizophrenia; bipolar disorder; stroke; systematic review; meta-analysis.

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