

# INPLASY

## Digital learning in orthopedic instruction: a systematic review and meta-analysis

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### ADMINISTRATIVE INFORMATION

**Support** - No.

**Review Stage at time of this submission** - Preliminary searches.

**Conflicts of interest** - None declared.

**INPLASY registration number:** INPLASY202410042

**Amendments** - This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 11 January 2024 and was last updated on 11 January 2024.

### INTRODUCTION

**Review question / Objective** What is the overall effect of digital learning versus traditional learning in the field of orthopedics?

**Condition being studied** Digital learning in orthopedic instruction.

### METHODS

**Participant or population** Medical students, residents, and healthcare professionals.

**Intervention** Digital ways of learning and teaching of orthopedics (for examples, computer-assisted learning, e-learning, virtual reality, augmented reality, and mixed reality).

**Comparator** Traditional way of learning and teaching of orthopedics.

**Study designs to be included** Randomized trials.

**Eligibility criteria** The inclusion criteria of the eligible studies are the following: (1) The study was published during the period of 2000-2023. (2) The study was a quasi-experimental or experimental design. (3) The study had a control group and an experimental group (i.e., traditional method vs. digital method of instruction in orthopedics).

**Information sources** Sources: (1) MedicaItype databases PubMed, Embase, and Cochrane, (2) Education-type of databases: EBSCOhost, the Learning and Technology Library (EdITLib), ScienceDirect (SDOL – Elsevier), SpringerLink Journals [SpringerLink], Sage Journals, Taylor & Francis Online, Wiley Online Library, (3) Others: the

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websites of Australasian Journal of Educational Technology (AJET) and Educational Technology & Education (ET&S).

**Main outcome(s)** Test scores and clinical performance.

**Additional outcome(s)** Performance of the learners.

**Quality assessment / Risk of bias analysis** MERSQI score.

**Strategy of data synthesis** Standardized mean difference will be used to compare the difference between two means. Cochrane's Q statistics and  $I^2$  are to be adopted to determine heterogeneity across studies, leading to the selection of fixed effects or random-effects models.

**Subgroup analysis** Subgroup analysis will be conducted according to different kinds of study outcomes.

**Sensitivity analysis** Leaveone-out analysis will be performed as the sensitivity analysis to assess the effect of the choice of study weighting.

**Language restriction** English.

**Country(ies) involved** Taiwan and USA.

**Keywords** Digital learning; Orthopedic instruction.

**Contributions of each author**

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