

INPLASY

A systematic review of the effect of intermittent fasting for Multiple sclerosis

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ADMINISTRATIVE INFORMATION

Support - None.

Review Stage at time of this submission - The review has not yet started.

Conflicts of interest - None declared.

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Amendments - This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 06 October 2023 and was last updated on 06 October 2023.

INTRODUCTION

Review question / **Objective** Multiple sclerosis.

Condition being studied MS.

METHODS

Participant or population Patients with MS.

Intervention IF.

Comparator without IF.

Study designs to be included Clinical study.

Eligibility criteria P: MS. I: IF. C: without IF. O: efficacy. S: clinical studies..

Information sources Pubmed.

Main outcome(s) Efficacy.

Quality assessment / Risk of bias analysis Rob2.

Strategy of data synthesis None.

Subgroup analysis None.

Sensitivity analysis None.

Country(ies) involved China.

Keywords intermittent fasting, multiple sclerosis.

Contributions of each author

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