

INPLASY

The effects of intermittent fasting for Polycystic ovary syndrome : a systematic review

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ADMINISTRATIVE INFORMATION

Support - None.

Review Stage at time of this submission - The review has not yet started.

Conflicts of interest - None declared.

INPLASY registration number: INPLASY2023100020

Amendments - This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 06 October 2023 and was last updated on 06 October 2023.

INTRODUCTION

Review question / Objective The effects of intermittent fasting for Polycystic ovary syndrome.

Condition being studied Polycystic ovary syndrome.

METHODS

Participant or population Patients with Polycystic ovary syndrome.

Intervention Intermittentfasting.

Comparator Without intermittent fasting.

Study designs to be included clinical study.

Eligibility criteria (P) Patients: POCS. (I) Interventions: IE. (C) Control: without IE. (O) Outcomes: the primary outcomes were the effects of TRE on body composition, body weight, plasma levels of lipids, glucoregulatory factors, and other factors like sleep quality. The second outcomes were the feasibility and safety of TRE for healthy subjects. (S) Study: clinical studies including non-RCTs and RCTs.

Information sources Pubmed.

Main outcome(s) Effects.

Quality assessment / Risk of bias analysis Rob2.

Strategy of data synthesis None.

Subgroup analysis None.

Sensitivity analysis None.

Country(ies) involved China.

Keywords IE, systematic review.

Contributions of each author

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