INPLASY

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The effect of eat-Lancet diet for diabetes: a systematic review

Wang, S[1]; Lin, XX[2].

ADMINISTRATIVE INFORMATION

Support - None.

Review Stage at time of this submission - The review has not yet started.

Conflicts of interest - None declared.

INPLASY registration number: INPLASY202390060

Amendments - This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 20 September 2023 and was last updated on 20 September 2023.

INTRODUCTION

Review question / Objective The effect of eat-Lancet diet for diabetes.

Condition being studied Eat-lancet diet.

METHODS

Participant or population Patients with diabetes.

Intervention Eat-lancet diet.

Comparator without eat-lancet diet.

Study designs to be included Clinical study.

Eligibility criteria P) Population: patients with diabetes. (I) Interventions: eat-Lancet diet. (C) Control: without. (O) Outcomes: the primary outcomes were the effects of eat-lancet diet on body composition, body weight, plasma levels of lipids, glucoregulatory factors, and other factors like sleep quality. The second outcomes were the feasibility and safety of eat-lancet diet for healthy subjects. (S) Study: clinical studies including non-RCTs andRCTs.

Information sources Pubmed and Embase.

Main outcome(s) The effect.

Quality assessment / Risk of bias analysis Cochrane.

Strategy of data synthesis None.

Subgroup analysis None.

Sensitivity analysis None.

Country(ies) involved China.

Keywords eat-lancet diet, effect.

Contributions of each author
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