

# INPLASY

## Safety and efficacy of intravenous thrombolysis before mechanical thrombectomy in patients with acute ischemic stroke and atrial fibrillation

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### ADMINISTRATIVE INFORMATION

**Support -** No.

**Review Stage at time of this submission -** Completed but not published.

**Conflicts of interest -** None declared.

**INPLASY registration number:** INPLASY202390015

**Amendments -** This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 06 September 2023 and was last updated on 06 September 2023.

### INTRODUCTION

**Review question / Objective** The existing literature (randomized controlled trials or observational cohort studies) was systematically searched for compliance with the following PICO (patients, interventions, comparators and outcomes) criteria. P: AIS-LVO combined with AF. I: IVT before MT. C: Direct MT. O: 3-month good clinical outcome defined as an modified Rankin Score of 0-223, symptomatic intracerebral hemorrhage (sICH), successful reperfusion defined as thrombolysis in cerebral infarction (TICI) scores of 2b to 323, 3-month mortality.

**Rationale** Our objective was to assess whether bridging IVT is more beneficial than direct MT in AIS-LVO with AF patients.

**Condition being studied** Background: Intravenous thrombolysis (IVT) prior to mechanical thrombectomy (MT) is considered the standard

treatment for patients with acute ischemic stroke caused by large vessel occlusion (AIS-LVO). However, the efficacy and safety of IVT prior to MT in AIS-LVO with atrial fibrillation (AF) patients remains controversial. Our objective was to assess whether bridging IVT is more beneficial than direct MT in AIS-LVO with AF patients. Method: We performed a systematic review and meta-analysis to investigate the outcomes of bridging IVT versus direct MT alone in AIS-LVO patients with AF. The outcomes included successful reperfusion (defined as thrombolysis in cerebral infarction scores of 2b to 3), symptomatic intracerebral hemorrhage (sICH), and 3-month good clinical outcome (defined as modified Rankin scale score $\leq$ 2) and 3-month mortality. The protocol had been registered before data collection (INPLASY). Result: A total of 8 eligible observational studies were included, including 3827 patients with AIS-LVO complicated with AF treated with bridging IVT and 3171 patients treated with direct MT. Compared with direct MT, bridging IVT was associated with 3-month good clinical outcome (odd ratio [OR] 1.27,

95% confidence interval [CI] 1.05-1.54) and a lower 3-month mortality (OR 0.78, 95% CI 0.68-0.88). However, treatment modality was not associated with sICH (OR 1.26, 95% CI 0.91-1.75), or successful reperfusion (OR 0.98, 95% CI 0.83-1.17). Conclusion: In AIS-LVO with AF patients, bridging IVT may achieve better functional outcomes and lower mortality rates. Withholding bridging IVT on the sole ground of presenting with AF may not be justified.

## METHODS

### Search strategy

PubMed:

1. Stroke [MeSH Terms]
2. Brain Ischemia [MeSH Terms]
3. Intracranial Embolism and Thrombosis [MeSH Terms]
4. (stroke\* or AIS or apople\*) [Title/Abstract]
5. ((intracranial or carotid arter\* or brain or cerebr\*) and (isch\*emi\* or embolism or thrombosis or obstruct\* or occlus\* or block\* or infarct\* or clot\*)) [Title/Abstract]
6. (cerebrovascular or cerebral arter\*) and (accident or event\* or disorder\* or disease\*) [Title/Abstract]
7. (anterior circulation or ACA) [Title/Abstract]
8. (large vessel occlusion\* or large arter\* occlusion\* or LVO) [Title/Abstract]
9. or 1-8
10. (Atrial Fibrillation OR Auricular fibrillation\* OR AF OR AFib) [Title/Abstract]
11. Thrombectomy [MeSH Terms]
12. Embolectomy [MeSH Terms]
13. (mechanical or endovascular) and (thromb\* or embol\*) [Title/Abstract]
14. (thrombectomy or embolectomy or EVT or MT) [Title/Abstract]
15. (bridg\* or endovascular) and (therapy or treatment or intervention) [Title/Abstract]
16. ((clot\* or thromb\* or embol\* or stent\*) and (retriev\* or disruption\* or fragmentation)) [Title/Abstract]
17. (stent-retriever or aspiration or solitaire or trevo or preset or catch) [Title/Abstract]
18. or 11-17
19. (Fibrinolysin or Plasminogen or plasminogen activators or Thrombolytic Therapy or Fibrinolysis or Thrombosis/drug therapy or Thromboembolism/drug therapy or Intracranial Thrombosis/drug therapy or Intracranial Embolism/drug therapy or Intracranial Embolism and Thrombosis/drug therapy) [MeSH Terms]
20. (Fibrogammin or Thrombolysin or Plasmin or plasminogen activator\* or Thrombolys\* or Thrombolytic or Fibrinolytic or alteplase or tPA or t-PA or rtPA or rt-PA or Tenecteplase or TNK-tPA) [Title/Abstract]

21. or 19-20

22. 9 and 10 and 18 and 21

Embase:

1. 'brain infarction'/exp or 'brain infarction'/exp or 'cerebrovascular accident'/exp or 'occlusive cerebrovascular disease'/exp
  2. 'stroke\*':ab,ti or 'AIS':ab,ti or 'apople\*':ab,ti
  3. ('intracranial':ab,ti or 'carotid arter\*':ab,ti or 'brain':ab,ti or 'cerebr\*':ab,ti) and ('isch\*emi\*':ab,ti or 'embolism':ab,ti or 'thrombosis':ab,ti or 'obstruct\*':ab,ti or 'occlus\*':ab,ti or 'block\*':ab,ti or 'infarct\*':ab,ti or 'clot\*':ab,ti)
  4. ('cerebrovascular':ab,ti or 'cerebral arter\*':ab,ti) and ('accident':ab,ti or 'event\*':ab,ti or 'disorder\*':ab,ti or 'disease\*':ab,ti)
  5. 'large vessel occlusion\*':ab,ti or 'large arter\* occlusion\*':ab,ti or 'anterior circulation occlusion\*':ab,ti or 'LVO':ab,ti
  6. or 1-5
  7. 'Atrial Fibrillation':ab,ti or 'AF':ab,ti or 'AFib':ab,ti
  8. 'thrombectomy'/exp or 'embolectomy'/exp
  9. 'thrombectomy':ab,ti or 'embolectomy':ab,ti
  10. ('mechanical':ab,ti or 'endovascular':ab,ti) and ('thromb\*':ab,ti or 'embol\*':ab,ti)
  11. ('bridg\*':ab,ti or 'endovascular':ab,ti) and ('therapy':ab,ti or 'treatment':ab,ti or 'intervention':ab,ti)
  12. 'stent-retriever':ab,ti or 'aspiration':ab,ti or 'solitaire':ab,ti or 'trevo':ab,ti or 'preset':ab,ti or 'catch':ab,ti
  13. or 8-12
  14. 'plasmin'/exp or 'plasminogen'/exp or 'plasminogen activator'/exp or 'fibrinolytic therapy'/exp or 'fibrinolysis'/exp
  15. 'fibrinolysin':ab,ti or 'fibrogammin':ab,ti or 'thrombolysin':ab,ti or 'plasmin':ab,ti or 'plasminogen activator\*':ab,ti or 'thrombolys\*':ab,ti or 'thrombolytic':ab,ti or 'fibrinolytic':ab,ti or 'thrombosis/drug therapy':ab,ti or 'thromboembolism/drug therapy':ab,ti or 'intracranial thrombosis/drug therapy':ab,ti or 'intracranial embolism/drug therapy':ab,ti or 'intracranial embolism thrombosis/drug therapy':ab,ti
  16. 'alteplase':ab,ti or 'tpa':ab,ti or 't pa':ab,ti or 'rtpa':ab,ti or 'rt pa':ab,ti or 'Tenecteplase':ab,ti or 'TNK-tPA':ab,ti
  17. 14-16
  18. 6 and 7 and 13 and 17
- Cochrane Central Register of Controlled Trials
1. MeSH descriptor: [Stroke] explode all trees
  2. "Cerebrovascular event" or Stroke or apoplex or CVA or "cerebrovascular accident" or "brain vascular accident" or "brain isch\*" or "brain infarc\*" or "cerebral infarc\$" or "cerebral isch\$" or "large vessel occlusion" or "intracranial isch\*" or "intracranial infarction" or "intracranial vessel occlusion" or "brain vessel occlusion"

3. 1 or 2
4. MeSH descriptor: [Thrombectomy] explode all trees
5. Thrombectomy or thrombectomie\$ or mechanical or endovascular or embolectomy or "intracranial intervention" or Stent-retriever or stent retriever or preset or solitaire or trevo or catch
6. 4 or 5
7. MeSH descriptor:Atrial Fibrillation (Atrial Fibrillation OR Auricular fibrillation\* OR AF OR AFib) [All Fields]
8. (thrombolysis OR tPA OR tissue plasminogen activator)[All Fields]
9. 3 and 6 and 7 and 8.

**Participant or population** AIS- LVO combined with AF.

**Intervention** AIS- LVO combined with AF.

**Comparator** Direct MT.

**Study designs to be included** The existing literature (randomized controlled trials or observational cohort studies) was systematically searched for compliance with the following PICO (patients, interventions, comparators and outcomes) criteria.

**Eligibility criteria** The existing literature (randomized controlled trials or observational cohort studies) was systematically searched for compliance with the following PICO (patients, interventions, comparators and outcomes) criteria. P: AIS- LVO combined with AF. I: IVT before MT. C: Direct MT. O: 3-month good clinical outcome defined as an modified Rankin Score of 0-223, symptomatic intracerebral hemorrhage (sICH), successful reperfusion defined as thrombolysis in cerebral infarction (TICI) scores of 2b to 323, 3-month mortality.

**Information sources** PubMed, EMBASE, and Cochrane.

**Main outcome(s)** O: 3-month good clinical outcome defined as an modified Rankin Score of 0-223, symptomatic intracerebral hemorrhage (sICH), successful reperfusion defined as thrombolysis in cerebral infarction (TICI) scores of 2b to 323, 3-month mortality.

**Additional outcome(s)** No.

**Data management** Noteexpress and excel.

**Quality assessment / Risk of bias analysis** The risk of bias of each study was critically assessed by two independent raters (BQJ and HXD) using the Newcastle-Ottawa scale<sup>24</sup>. All studies were scored for selection, comparability and outcomes. A score of 7 or above on the Newcastle-Ottawa scale is considered to be of high quality. Any discrepancies between raters were resolved by discussion, and differences were reached by consensus after discussion with the corresponding author (ZXQ).

**Strategy of data synthesis** In pairwise meta-analyses, we calculated the corresponding odds ratios (ORs) and 95% confidence intervals (95% CIs) for the outcome events in patients who received direct MT and those who received bridging IVT. Pooled estimates were calculated using a meta-analysed random-effects model (DerSimonian and Laird)<sup>25</sup>. Heterogeneity was assessed using the I<sup>2</sup> statistic. For qualitative interpretation of heterogeneity, I<sup>2</sup> values >50% and I<sup>2</sup>>75% were considered to represent significant and considerable heterogeneity, respectively<sup>26</sup>. Publication bias was assessed using funnel plots. All statistical analyzes were performed using Reviewer Manager (RevMan v.5.3) software.

**Subgroup analysis** Not applicable.

**Sensitivity analysis** Not applicable.

**Country(ies) involved** Department of Neurosurgery, People's Hospital of Guang'an City, Guang'an, Sichuan, China.

**Keywords** ischemic stroke, large vessel occlusion, atrial fibrillation, intravenous thrombolysis, mechanical thrombectomy.

#### Contributions of each author

Author 1 - Qiangji Bao - QiangJi Bao and Xiaodong Huang collected and analyzed the data and wrote the paper; QiangJi Bao and Pengxia Wang analyzed the data; QiangJi Bao and XiaoDong Huang conceived and designed this study, analyzed the data, and wrote the paper. Email: b94960218@163.com

Author 2 - Xiaodong Huang - QiangJi Bao and Xiaodong Huang collected and analyzed the data and wrote the paper; QiangJi Bao and XiaoDong Huang conceived and designed this study, analyzed the data, and wrote the paper. Email: 727284678@qq.com

Author 3 - Pengxia Wang - QiangJi Bao and Pengxia Wang analyzed the data. Email: 1843149196@qq.com

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