

INPLASY

The influence of different psychotherapy on intraocular pressure

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ADMINISTRATIVE INFORMATION

Support - National Natural Science Fund.

Review Stage at time of this submission - Piloting of the study selection process.

Conflicts of interest - None declared.

INPLASY registration number: INPLASY202380118

Amendments - This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 28 August 2023 and was last updated on 28 August 2023.

INTRODUCTION

Review question / Objective P (Population) : A player who plays an instrument; A listener of soothing music; I (Intervention) : Listen to soothing music; C (Comparison) : wind instruments; O (Outcome) : intraocular pressure (IOP); S (Study design) : randomized controlled trial.

Condition being studied From a clinical point of view, normal iOP should be defined as the range of IOP that does not cause damage to the optic nerve. Because the optic nerve's tolerance to intraocular pressure varies greatly from individual to individual, normal intraocular pressure cannot be defined by an exact value.

METHODS

Participant or population Wind players and people listening to soothing music.

Intervention Wind instruments.

Comparator Listen to soothing music and wind instruments.

Study designs to be included RCT.

Eligibility criteria The instrumentalist.

Information sources Pubmed, Web of science, Embase, Cochrane Library.

Main outcome(s) IOP(intraocular pressure).

Quality assessment / Risk of bias analysis State which characteristics of the studies will be assessed and/or any formal risk of bias/quality assessment tools that will be used. Review manager 5.3cochrane.

Strategy of data synthesis Review manager 5.3 was used to record and analyze intraocular pressure.

Subgroup analysis State any planned investigation of 'subgroups'. Be clear and specific about which type of study or participant will be included in each group or covariate investigated. State the planned analytic approach. Review manager 5.3 was used to record and analyze intraocular pressure.

Sensitivity analysis The change in the effect size after deleting one of the articles reflects the sensitivity of the article.

Country(ies) involved China.

Keywords Intraocular pressure, music, instrument playing.

Contributions of each author

Author 1 - Jiaqi Chen.

Author 2 - Bao zheyu.

Author 3 - Li xiang.