

# INPLASY PROTOCOL

To cite: Chen et al. Clinical evaluation of maxillary sinus floor elevation with or without bone grafting: a systematic review and Meta-analysis. Inplasy protocol 202350067. doi: 10.37766/inplasy2023.5.0067

Received: 16 May 2023

Published: 16 May 2023

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**Support:** None.

**Review Stage at time of this submission:** Preliminary searches.

**Conflicts of interest:**  
None declared.

## Clinical evaluation of maxillary sinus floor elevation with or without bone grafting: a systematic review and Meta-analysis

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**Review question / Objective:** Comparing clinical outcomes between graft-less and grafting maxillary sinus floor elevation treating loss of bone height on posterior maxilla.

**Condition being studied:** Maxillary sinus floor elevation was a method of augmentation of posterior maxilla in implant surgery. Graft-less maxillary sinus floor elevation was a predictable procedure for implant surgery, in contrast to applying bone or bone substitute under raised sinus membrane.

**Eligibility criteria:** Inclusion criteria: (1)a split-mouth study(2)age of patients included  $\geq 18$ .Exclusion criteria: (1)Animal or in vitro studies(2)one-arm study(3)patent.

**INPLASY registration number:** This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 16 May 2023 and was last updated on 16 May 2023 (registration number INPLASY202350067).

### INTRODUCTION

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bone or bone substitute under raised sinus membrane.

## METHODS

**Participant or population:** Patients with loss of bone height on posterior maxilla receive the treatment of maxillary sinus floor elevation in implant surgery.

**Intervention:** Patients with insufficient residual bone height on posterior maxilla undergoing graft-less maxillary sinus floor elevation.

**Comparator:** Patients with insufficient residual bone height on posterior maxilla undergoing maxillary sinus floor elevation with bone grafting.

**Study designs to be included:** The exclusion criteria were as following: (1)non-human studies (2)non-original studies (letters, reviews, comments, editorials) (3)studies that did not include maxillary sinus floor elevation with or without bone grafting (4)studies with available data can be extracted (5)non-comparative studies(6)randomized controlled trials (RCTs)and prospective cohort trials(PCTs).

**Eligibility criteria:** Inclusion criteria: (1)a split-mouth study(2)age of patients included  $\geq 18$ .Exclusion criteria:(1)Animal or in vitro studies(2)one-arm study(3)patent.

**Information sources:** Using the three databases of PubMed, Embase and Web of Science, a systematic literature search was conducted May, 2023. The language was restricted to English.

**Main outcome(s):** (1)bone height gain (2)stability of implant with an observation of at least 3 months (3)survival of implant with an obseravtion of at least 1 year.

**Additional outcome(s):** (1)change of histology (2)marginal bone loss height.

**Quality assessment / Risk of bias analysis:** The quality of included studies (RCTs)was evaluated with The Cochrane Collaboration's tool for assessing risk of

bias.The Newcastle-Ottawa scale assessed the quality of included studies (PCTs).

**Strategy of data synthesis:** Statistical analysis were performed with Review Manager 5.3 and Stata12.0.Risk ratio(RR) with 95% CI was used to compared binary variables.The weighted mean difference(WMD) and 95%CI were caculated for continuous variables.The Cochrane Q p value and  $I^2$  statistic were used to test heterogeneity.If p value  $< 0.05$  or  $I^2 > 50\%$ , the results should be merged with a random-effect model.Otherwisea fixed-effect model can be applied. A p value.

**Subgroup analysis:** We perform anlysis of subgroup with more than 10 included studies, otherwise subgroup will not be anlysed in this article. Procedure of maxilla floor elevation will be included in each group.

**Sensitivity analysis:** When there was significant heterogeneity, sensitivity analysis was performed in STATA 14.0

**Language restriction:** English.

**Country(ies) involved:** China.

**Keywords:** maxillary sinus floor elevation; bone graft; meta-analysis.

### Contributions of each author:

Author 1 - Jiayi Chen - The author designed the study, searched the database, extracted the data, analysed the data and wrote the article.

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Author 2 - Yiping Lu - The author extracted the data.

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