**INPLASY PROTOCOL**

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**Conflicts of interest:**
None declared.

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**INTRODUCTION**

Review question / Objective: This scoping review aims to map studies dealing with the effects of mental fatigue on athletes' motor performance in team sports.

Condition being studied: Mental fatigue.

**METHODS**

Participant or population: Team sport athletes.

Intervention: Cognitive tasks used to induce mental fatigue.

Comparator: Non mental fatigue.
Study designs to be included: RCT.

Eligibility criteria: (a) team sport athletes (b) cognitive tasks induce mental fatigue condition; (c) mentally fatigued group vs. non-mentally fatigued group; (d) motor performance.

Information sources: Web of Science, PubMed, EBSCOhost (CENTRAL, Psychology and Behavioural Sciences Collection, SPORTDicus), as well as Scopus.

Main outcome(s): Motor performance.

Quality assessment / Risk of bias analysis: QualSyst assessing tool will be used to do the quality assessment.

Strategy of data synthesis: The data extracted from the literature involved: (i) authors and year of publication; (ii) characteristics of study participants (e.g., gender, training status); (iii) control and cognitive task description; (iv) motor performance type; and (v) motor performance assessment. All data were then displayed in an Excel sheet.

Subgroup analysis: No subgroup analysis.

Sensitivity analysis: No sensitivity analysis

Country(ies) involved: China.

Keywords: mental fatigue; motor performance; team sport; athlete.

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