INPLASY PROTOCOL

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None declared.

Insulin resistance in women with recurrent miscarriage: a systematic review and meta-analysis

Cai, W[1]; Xu, J[2].

Review question / Objective: This review aimed to investigate the association of insulin resistance in women with recurrent pregnancy loss compared to women with normal pregnancy history.
Condition being studied: Recurrent pregnancy loss.
Eligibility criteria: Observational studies that compared IR parameters in RPL patients to control women with normal pregnancy history were included. IR parameters included fasting blood glucose (FBG), fasting insulin (FIN), homeostasis model assessment for insulin resistance (HOMA-IR), glucose to insulin ratio (GI ratio). Only studies that were published in English were included. Review articles, opinions, book chapters, letters, published abstracts, animal studies, case reports, and studies with no suitable control group were excluded.

INTRODUCTION

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METHODS

Participant or population: Women with recurrent pregnancy loss.

Intervention: None.

Comparator: Women with normal pregnancy history.

Study designs to be included: Observational studies.

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Information sources: PubMed, Embase, and Web of Science.

Main outcome(s): Fasting blood glucose (FBG), fasting insulin (FIN), homeostasis model assessment for insulin resistance (HOMA-IR), glucose to insulin ratio (GI ratio).

Quality assessment / Risk of bias analysis: Newcastle-Ottawa scale.

Strategy of data synthesis: The mean difference (MD) or odds ratio (OR) with 95% confidence interval (CI) were pooled to measure the effect size.

Subgroup analysis: To measure the effect of confounders on the effect size of potential moderators, subgroup analysis was performed.

Sensitivity analysis: To confirm the robustness of the results, a sensitivity analysis was performed by systematically excluding each study included in the analysis.

Country(ies) involved: China.

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