

# INPLASY PROTOCOL

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**Support:** Not available.

**Review Stage at time of this submission:** The review has not yet started.

**Conflicts of interest:**  
None declared.

## Efficacy and safety of integrated traditional Chinese medicine and standard western medicine on patients with acute coronary syndrome: A systematic review protocol

Cheng, B<sup>1</sup>; Chen, P<sup>2</sup>; Deng, Y<sup>3</sup>.

**Review question / Objective:** In the present systematic review, we aim to evaluate the efficacy and safety of adding TCM to standard western medicine to treat patients with ACS.

**Condition being studied:** Acute coronary syndrome (ACS) remains to be a major cause of morbidity and mortality worldwide.

**Eligibility criteria:** The inclusion criteria includes: (1) patients are older than 18 years; (2) patients are treated with conventional western medicine (control group) and combination of Chinese traditional and western medicine (experimental group); (3) studies that report one of the following outcomes clearly: effective rates, cardiovascular function index including left ventricular ejection fraction, early peak flow velocity, and thrombolysis in myocardial infarction, blood lipid levels including total cholesterol, triacylglycerol, and low/high density lipoprotein, and the incidence of adverse cardiovascular events; and (4) studies are randomized controlled trials (RCTs).

**INPLASY registration number:** This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 30 April 2021 and was last updated on 30 April 2021 (registration number INPLASY202140145).

### INTRODUCTION

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## METHODS

**Participant or population:** Adult patients with acute coronary syndrome.

**Intervention:** The combination of traditional Chinese medicine and western medicine.

**Comparator:** Conventional western medicine.

**Study designs to be included:** Randomized controlled studies.

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**Information sources:** Not available in the the protocol.

**Main outcome(s):** The primary outcome is the effective rate and cardiovascular function index (left ventricular ejection fraction, early peak flow velocity, and thrombolysis in myocardial infarction).

**Additional outcome(s):** The second outcome includes blood lipid level (total cholesterol, triacylglycerol, low/high density lipoprotein) and the incidence of adverse cardiovascular events.

**Quality assessment / Risk of bias analysis:** The quality of enrolled studies will be assessed using version 2 of the Cochrane

risk-of-bias tool for randomized trials (RoB 2).

**Strategy of data synthesis:** Meta-analyses will be performed if at least two enrolled trials report the corresponding outcomes. Differences will be tested using weighted mean difference (WMD) and relative risk (RR) with 95% confidence interval (CI). Inter group heterogeneity will be tested using Q test, with  $I^2 < 50\%$  and  $P > 0.05$  indicating no significant difference. In case of a significant heterogeneity, a random-effect model with DerSimonian-Laird method will be used. Conversely, a fixed-effect model with Mantel-Haenszel method will be used instead. Potential publication bias will be tested by performing funnel plots.

**Subgroup analysis:** Subgroup analyses will also be performed at last. All the above statistical analyses will be performed using Stata Software (Version 15.0, Stata SE).

**Sensitivity analysis:** Stability of results will be tested by performing sensitivity analyses through omitting each study sequentially.

**Country(ies) involved:** China.

**Keywords:** acute coronary syndrome, traditional Chinese medicine, systematic review.

### Contributions of each author:

Author 1 - Bingjie Cheng - Conception and design; collection and assembly of data; data analysis and interpretation; manuscript writing; final approval of manuscript.

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Author 2 - Pei Chen - Provision of study materials or patients; manuscript writing; final approval of manuscript.

Author 3 - Yihui Deng - Administrative support; manuscript writing; final approval of manuscript.