

INPLASY PROTOCOL

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Conflicts of interest:

The authors declare no conflicts of interest.

Efficacy and safety of fire needle versus conventional acupuncture in the treatment of postherpetic neuralgia: a systematic review and meta-analysis of protocols

Lu, L¹; Xiong, J²; Chen, J³.

Review question / Objective: To evaluate the effectiveness and safety of fire needle treatment for postherpetic neuralgia patients.

Condition being studied: Postherpetic neuralgia (PHN) is one of the most common complications of herpes zoster, with intractable neuralgia as the main sign, which is frequently seen in the elderly, with repeated symptoms, long course and lingering disease. The clinical treatment of PHN is mostly integrated therapy. In recent years, many literatures have reported that the curative effect of fire acupuncture on PHN is accurate.

Information sources: Pubmed, Embase, Cochrane Library, Chinese Biomedical Literatures Database (CBM), China National Knowledge Infrastructure (CNKI), WangFang Database (WF), Chinese Scientific Journal Database (VIP).

INPLASY registration number: This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 08 August 2020 and was last updated on 08 August 2020 (registration number INPLASY202080029).

INTRODUCTION

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repeated symptoms, long course and lingering disease. The clinical treatment of PHN is mostly integrated therapy. In recent years, many literatures have reported that the curative effect of fire acupuncture on PHN is accurate.

METHODS

Participant or population: At present, the diagnostic criteria of postherpetic neuralgia after shingles are not uniform, one of which can be included in accordance with the following diagnostic criteria of postherpetic neuralgia after shingles. The age of the case is 18 ~ 70 years old, and the gender, course of disease and source of the case are not limited.

Intervention: Fire needle therapy, or fire needle combined with other acupuncture treatments.

Comparator: Conventional acupuncture, Western medicine, placebo, sham acupuncture, no treatment, or any combination of these.

Study designs to be included: Randomized controlled trials (RCTs) which assessed the efficacy and safety of fire needle for postherpetic neuralgia will be included.

Eligibility criteria: Subjects: patients with postherpetic neuralgia, age and sex were not restricted. Intervention measures: fire needles or fire needles combined with other acupuncture and moxibustion were used as the intervention measures in the treatment group, while conventional acupuncture or other non-fire needle therapy was used as the intervention measures in the control group Outcome measures: cure rate, effective rate.

Information sources: Pubmed, Embase, Cochrane Library, Chinese Biomedical Literatures Database (CBM), China National Knowledge Infrastructure (CNKI), WangFang Database (WF), Chinese Scientific Journal Database (VIP).

Main outcome(s): Outcome measures: cure rate, effective rate.

Data management: (1) We will use NoteExpress and Excel software to extract data. The content will be saved in electronic form. (2) Different review authors will independently screen the titles and abstracts of records obtained by searching the electronic databases to determine potential eligibility. Full texts screening and data extraction will be conducted **a f t e r w a r d s i n d e p e n d e n t l y**. Any disagreement regarding study selection will be resolved through discussion or arbitrated by the third author if necessary. In this step, we will use NoteExpress. (3) The research team designed structured data extraction tables, including: the first author, nationality, publication year, patients' basic information, sample size, intervention measures of test group, intervention measures of controlled group, qualitative evaluation method, target outcome (including primary outcome measures and secondary outcome measures), etc. Different review authors will independently extract data. Any disagreement regarding data extraction will be resolved through discussion or arbitrated by the third author if necessary. In this step, we will use Excel.

Quality assessment / Risk of bias analysis: Included randomised studies will be assessed for risk of bias by two independent raters (Lunbin Lu and Jun Chen) using the Cochrane Collaboration's tool for assessing risk of bias in randomised trials. Any disagreements will be resolved through discussion or consultation with a third reviewer (Jun Xiong).

Strategy of data synthesis: Data synthesis will be conducted with RevMan V.5.3 software provided by the Cochrane Collaboration. Before data meta-analysis, we measure the heterogeneity with a standard test. Depending on the level of heterogeneity, those studies with high heterogeneity ($p > 0.10$) will use fixed-effect model. We will use the RR for dichotomous data and SMD for continuous data and

mean difference with 95% CIs. Those studies with low heterogeneity ($p=0.10$), we use the random-effect model. Subgroup or sensitivity analysis will be performed if necessary. We will use qualitative analysis if there is excessive data heterogeneity.

Subgroup analysis: If the necessary data are available, subgroup analysis will be carried out according to different factors as follows: 1. Control interventions (eg, sham/placebo moxibustion, no treatment, other TCM treatment or non-TCM treatment). 2. Type of acupuncture and moxibustion (eg, needle acupuncture, electro-acupuncture, auricular acupuncture, heat-sensitive moxibustion, thunder fire miraculous moxa roll, warm needling moxibustion, suspended moxibustion or mild moxibustion).

Sensibility analysis: To assess the influence of each individual study, leave-one-out sensitivity analysis was performed iteratively by removing one study at a time to confirm that the findings were not influenced by any single study.

Language: No restriction.

Country(ies) involved: China.

Keywords: Postherpetic Neuralgia; Fire Needle; Acupuncture.

Contributions of each author:

Author 1 - Lubin Lu - drafted and improved the manuscript.

Author 2 - Jun Xiong - Revise this protocol; search strategy.

Author 3 - Jun Chen - Data collection; analysis of results.