

# INPLASY PROTOCOL

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**Review Stage at time of this  
submission:** Data analysis.

**Conflicts of interest:** No.

## A Meta-Analysis of Acupuncture for Autism Spectrum Disorders

Wang XX<sup>1</sup>.

**Review question / Objective:** Patients: autism spectrum disorder, intervention: acupuncture with behavior training, comparison: behavior training, outcome: total score of Childhood Autism Rating Scale (CARS) Autism Behavior Checklist(ABC).

**Condition being studied:** Autism spectrum disorder (ASD) is a neurodevelopmental disorder and the etiology is still unclear. There has been an increasing number of published trials on acupuncture for autism spectrum disorder.

**Information sources:** Five English databases (Cochrane Library, Medline, Embase, PubMed, Web of Science), five Chinese databases (Chinese National Knowledge Infrastructure (CNKI), Wanfang Data, SinoMed, WeiPu Data, Chinese Clinical Trial Register).

**INPLASY registration number:** This protocol was registered with the International Platform of Registered Systematic Review and Meta-Analysis Protocols (INPLASY) on 15 April 2020 and was last updated on 15 April 2020 (registration number INPLASY202040087).

### INTRODUCTION

**Review question / Objective:** Patients:  
autism spectrum disorder, intervention:

acupuncture with behavior training,  
comparison: behavior training,  
outcome: total score of Childhood Autism

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**Rating Scale (CARS) Autism Behavior Checklist(ABC).**

**Condition being studied:** Autism spectrum disorder (ASD) is a neurodevelopmental disorder and the etiology is still unclear. There has an increasing number of published trials on acupuncture for autism spectrum disorder.

## **METHODS**

**Participant or population:** Autism spectrum disorder patients.

**Intervention:** Acupuncture with behavior training.

**Comparator:** Behavior training.

**Study designs to be included:** Randomized Controlled Trial.

**Eligibility criteria:** RCT, patients: autism spectrum disorder, intervention: acupuncture with behavior training, comparison: behavior training, outcome: total score of Childhood Autism Rating Scale (CARS) Autism Behavior Checklist(ABC).

**Information sources:** Five English databases (Cochrane Library, Medline, Embase, PubMed, Web of Science), five Chinese databases (Chinese National Knowledge Infrastructure (CNKI), Wanfang Data, SinoMed, WeiPu Data, Chinese Clinical Trial Register)

**Main outcome(s):** Total score of Childhood Autism Rating Scale (CARS) Autism Behavior Checklist(ABC).

**Quality assessment / Risk of bias analysis:** Random sequence generation, allocation concealment, blinding of participants and personnel, blinding of outcome assessments, incomplete outcome data, selective reporting, and other bias.

**Strategy of data synthesis:** “acupuncture” OR “electro acupuncture” OR “acupuncture point”) AND (“autism” OR “autism spectrum disorders”).

**Subgroup analysis:** Divide subgroups according to age and acupuncture method.

**Sensitivity analysis:** I<sup>2</sup> test. We considered I<sup>2</sup> ≥ 50% to be indicative of substantial heterogeneity, and I<sup>2</sup> ≥ 75% to be indicative of serious heterogeneity.

**Country(ies) involved:** CHINA, including mainland and Hongkong.

**Keywords:** autism, acupuncture.